

VEGAN + VEGETARIAN DISHES

VEGAN SOUP OF THE DAY

WARM BREAD — OLIVE OIL
(G) (SOMETIMES CONTAINS NUTS SO PLEASE ADVISE)
£6.95

WHIPPED HOMEMADE RICOTTA (VEGETARIAN)

BLACK QUINOA — PICKLED WALNUTS — CROSTINI — WATERCRESS
(M,N,G)
£7.95 AS A SMALL PLATE

ROASTED VEGAN BLACK PUDDING

MARMITE NEW POTATOES — WATERCRESS — TARRAGON OIL
(G, SO2) (VEGAN)
£7.95 AS A SMALL PLATE
£13.95 AS A MAIN COURSE

WILD MUSHROOM RISOTTO

ARBORIO RICE — TRUFFLE — GARDEN PEAS
(VEGAN)
£7.95 AS A SMALL PLATE
£13.95 AS A MAIN COURSE

BUTTERNUT SQUASH + RED ONION QUICHE (VEGETARIAN)

SKINNY FRIES — HOUSE SALAD
(N, G, M, E)
£7.95 AS A SMALL PLATE
£13.95 AS A MAIN COURSE

AWARD WINNING “DOUBLE BOMBER” CHEESE PIE (VEGETARIAN)

HAND CUT CHIPS
(PLEASE ALLOW 25 MINS)
P.S: YOU CAN TASTE THE MUSTARD
(MU, G, M, E)
£13.95

DESSERTS

COCONUT RICE PUDDING

PINEAPPLE — RUM SYRUP (VEGAN)
(SO2)
£6.95

CRUMBLE OF THE DAY

VEGAN ICE CREAM
(G, N)
£6.95

VEGAN ICE CREAMS + SORBETS

(PLEASE ASK YOUR SERVER FOR FLAVOURS + ALLERGENS)
3 SCOOPS
£5.95

IF YOU ARE INTERESTED IN **VEGAN NUTRITIONAL** AND **SKINCARE PRODUCTS**, THEN PLEASE ASK TO SPEAK TO GLEN OR IF UNAVAILABLE, PLEASE ASK A TEAM MEMBER TO GIVE YOU HIS CARD, SO HE CAN INTRODUCE YOU TO **ARBONNE**'S RANGE OF PRODUCTS WITH AROUND 20% DISCOUNT AVAILABLE AS A CUSTOMER OF EAGLE + CHILD.

ARBONNE IS A 36 YEAR OLD SWISS HERITAGE COMPANY AND PRODUCTS ARE TOXIN FREE, VEGAN, PETA APPROVED, BOTANICALLY-BASED, PH CORRECT, HYPOALLERGENIC, DERMATOLOGIST-TESTED AND FORMULATED WITHOUT PETROLEUM BASED INGREDIENTS, PARABENS, ANIMAL PRODUCTS OR BY-PRODUCTS.